

Coconut oil is a very effective way of extracting THC in cannabis due to its high saturated fat content. It is capable of absorbing much more cannabinoids than butter or other oils. Coconut oil a saturated fat is chock full of health promoting properties and is in no way responsible for high cholesterol, obesity, heart disease and the bad effects generations of Americans have been falsely led to believe. In fact, it's quite the opposite. We're only beginning to uncover the amazing health benefits that earned this superfood the title, "The Cure for All Illness." And you know what else? these health benefits are evidence-based. In addition to the three I listed earlier, there is research to support that coconut makes you less hungry! contains ketones that reduce seizures! improves blood cholesterol! burns fat! and boosts brain function in Alzheimer's patients. But these aren't the only reasons that coconut oil is on the forefront of cutting-edge research once

1. Relieve muscle aches When cannabis is infused into the right substance, it can be absorbed through the skin when applied. Apply cannabis coconut oil on sore muscles or feet and it will work quickly to reduce aches and pains.
2. Replace ingredients in a recipe Coconut oil can replace butter or other cooking oils in your favorite recipes by simply replacing the amount of oil. You can also get creative and just add the infused oil to anything you think could be interesting " a spoonful in an otherwise unmedicated dish will definitely be the cherry on top.
3. Soothe a sunburn While the healthiest thing to do is avoid sunburns all together, it's summertime and sun happens. Coconut oil infused with cannabis is a great way to help a sunburn heal and minimize skin peeling in the following days.
4. Insect repellent Tropical Traditions all natural insect repellent is made from only the finest ingredients available, and is therefore completely safe for children and for application to the entire body including the face. Virgin Coconut Oil. Natural coconut oil has been used to apply to the skin and ward off insects traditionally in tropical climates for hundreds of years. In addition, we have added pure organic essential oils known to repel insects, including citronella, lemongrass, peppermint, tansy, and catnip.
5. Make coco-capsules The amount and quality of fat in coconut oil means that it becomes quite saturated with cannabis when infused. Empty capsules can be filled with the liquid oil by using a dropper.
6. Have a cup of canna-coffee You can use coconut oil as a creamer by blending it the oil with hot coffee. Just stirring the oil into the coffee won't achieve the creamy texture and frothy top " you'll need a blender to create that smooth effect. It's almost like a latte, but with none of the milk and much more marijuana. Just combine a cup or two of coffee, a spoonful of cannabis coconut oil in a blender, pulse until frothy, then enjoy immediately.
7. Moisturize your skin Do you deal with chapped lips, hands or feet? Cannabis-infused coconut oil is great for helping the healing process, as well as alleviating the discomfort of dry skin. Apply directly to the afflicted area or use preventatively to avoid dryness in the first place

The Astronauts Princess, Orange Pear Apple Bear (Classic Board Books), Les chroniques du village (French Edition), An Amish Wedding, Estonia Road Atlas 2008 (2008 Regio Atlas Eesti Teed),

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